

Greater Altoona Career & Technology Center

October 2009

Breakfast

Mon	Tue	Wed	Thu	Fri
			<i>1 French Toast & Sausage Patti</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>2 Egg & Cheese Sandwich</i> or <i>Choice of Cereal</i> Fruit Milk Juice
<i>5 Breakfast Pizza</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>6 Fruit Danish</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>7 Waffle Stix & Bacon</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>8 Scrambled Eggs & Ham</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>9 Bagel w/ Spreads</i> or <i>Choice of Cereal</i> Fruit Milk Juice
<i>12 Pancakes and Sausage Link</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>13 Egg, Ham & Cheese</i> On Croissant Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>14 Fruit Muffin</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>15 Sausage Gravy and Biscuit</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>16 Apple Churro</i> Or <i>Choice of Cereal</i> Fruit Milk Juice
<i>19 Egg & Sausage McMuffin</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>20 Breakfast Pizza</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>21 French Toast Stix w/ Ham</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>22 Pancakes and Sausage Link</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>23 Bagel w/ Spreads</i> or <i>Choice of Cereal</i> Fruit Milk Juice
<i>26 French Toast & Sausage Patti</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>27 Fruit Danish</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>28 Scrambled Eggs & Ham</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>29 Waffle Stix</i> Or <i>Choice of Cereal</i> Fruit Milk Juice	<i>30 Breakfast Pizza</i> Or <i>Choice of Cereal</i> Fruit Milk Juice