

Greater Altoona Career & Technology Center

November 2009

Breakfast

Mon	Tue	Wed	Thu	Fri
<p>2 <i>Fruit Muffin</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>3 <i>Waffle Stix & Bacon</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>4 <i>Apple Churro</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>5 <i>French Toast & Sausage Patti</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>6 <i>Egg & Cheese Sandwich</i> or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>
<p>9 <i>Breakfast Pizza</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>10 <i>Fruit Danish</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>11</p> <p><i>No School</i> <i>Veterans Day</i></p>	<p>12 <i>Egg & Ham Sandwich</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>13 <i>Bagel w/ Spreads</i> or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>
<p>16 <i>Pancakes and Sausage Link</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>17 <i>Egg , Ham & Cheese</i> <i>On Croissant</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>18 <i>Fruit Muffin</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>19 <i>Sausage Gravy and Biscuit</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>20 <i>Apple Churro</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>
<p>23 <i>Egg & Sausage McMuffin</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>24 <i>Breakfast Pizza</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>25 <i>French Toast Stix w/ Ham</i> Or <i>Choice of Cereal</i> <i>Fruit</i> <i>Milk Juice</i></p>	<p>26</p> <p>HAPPY THANKSGIVING! NO SCHOOL</p>	